

## WOMEN ACTION GROUP: Nourishing Dignity – Project Budget

### A. Daily Meal Cost (68 Beneficiaries)

S. No	Budget Head	Unit	Quantity	Rate (CHF)	Total (CHF)
1	Groceries (food items)	Per Day	365	35	12,775
2	Cooking Fuel	Per Day	365	5	1,825
3	Packaging & Distribution	Per Day	365	5	1,825
	<b>Subtotal (A)</b>				<b>16,425</b>

### B. Human Resource Cost (Volunteers with half-payment)

S. No	Position	No. of Persons	Duration	Rate (CHF)	Total (CHF)
1	Cooks	2	Annual	500	1,000
2	Field Officers	2	Annual	500	1,000
	<b>Subtotal (B)</b>				<b>2,000</b>

### C. Total Project Cost

S. No	Description	Amount (CHF)
1	Subtotal (A)	16,425
2	Subtotal (B)	2,000
	<b>Total Project Cost</b>	<b>18,425</b>

#### D. Local Contribution

S. No	Contribution Type	Amount (CHF)
1	Infrastructure, Kitchen & Volunteers	1,425
	<b>Total Contribution</b>	<b>1,425</b>

#### E. Funding Requested

S. No	Description	Amount (CHF)
1	Total Project Cost	18,425
2	Less: Local Contribution	1,425
	<b>Total Requested</b>	<b>17,000</b>

#### Budget Explanation (Aligned & Impact-Focused)

- The budget has been carefully derived from actual field-level costing, ensuring that it is both realistic and highly cost-efficient while maintaining the quality and consistency of service delivery.
- The daily cost of CHF 45 is designed to provide a nutritionally balanced meal to 68 elderly beneficiaries, covering essential food components such as millets, pulses, vegetables, greens, eggs, and weekly meat, along with basic cooking fuel and packaging. This translates to less than CHF 1 per person per day, making the intervention extremely economical yet life-sustaining.
- The annual food cost of CHF 16,425 ensures 365 days of uninterrupted meal support, addressing chronic hunger and malnutrition among abandoned elderly individuals who otherwise survive on minimal and nutritionally inadequate food.

- A minimal honorarium of CHF 2,000 per year is allocated for four personnel (two cooks and two field officers), who are partially volunteering, reflecting strong community ownership and reducing operational costs significantly.
- Additionally, Women Action Group and the local community contribute CHF 1,425, primarily through infrastructure, storage, and voluntary support, demonstrating local commitment and sustainability of the initiative.
- The total funding request of CHF 17,000 is therefore highly justified, as it directly enables a full year of nutrition, care, and dignity for 68 vulnerable elderly individuals.
- “This budget is not merely a financial plan—it is a commitment to ensure that no elderly person in these hamlets goes to bed hungry.”

Thanks & Regards,

Yours Sincerely,

For **WOMEN ACTION GROUP**

*S. Namf*  
Secretary